

Most needed food and household items for the FOOD BANK



Pasta (canned or dry) and pasta sauces



Canned vegetables and fruit



Canned and frozen meats and fish



Whole grain cereals



Meat alternatives (peanut butter, soy, assorted nuts)

Infant foods and baby formula



Canned goods (beans, soups, and stews)

Bathroom tissue and diapers, laundry soap, small dish soap



Personal hygiene products, toothbrush

Dairy (fresh, canned, and powdered milk)

